

Super Senses

Suitable for Years 1 and 2, all year round.

This programme is aimed at reinforcing the children's use of their senses whilst exploring a woodland habitat and learning more about plants and how they grow.

Key Concepts

Our senses (sight, sound, touch, smell and taste), habitats, parts of a plant, lifecycle of plants, what plants need to grow.

Learning Outcomes

By the end of the programme, students should be able to:

- Use their senses to explore a habitat.
- Identify the parts of a plant and their functions.
- Can describe the lifecycle of a plant.
- Know what plants need to grow and survive.

Before you come

Q What would it be like to live in a wood?

Programme Outline

Learning Objectives	Activity
<ul style="list-style-type: none"> • Children use their senses to explore the woodland habitat. 	<p>Nature Walk Children collect a variety of natural materials as they walk in the woodland.</p>
<ul style="list-style-type: none"> • Children use their sense of touch to explore the woodland habitat. 	<p>Texture Challenge Children collect a variety of textures.</p>
<ul style="list-style-type: none"> • Looking at plant structure and function. • Reinforce the parts of plants and introduction to natural art. 	<p>Build a Tree The children use their bodies to create the different parts of a tree and look at the job of each part. In groups, children use items they have collected to build their own tree.</p>
<ul style="list-style-type: none"> • Learn/reinforce the lifecycle of plants. • Learn about how some plant parts are specialised for certain stages in their lifecycle. 	<p>Lifecycle of a plant Relate season and objects collected to stages in a plants lifecycle. Children act out the lifecycle of a plant.</p>

<ul style="list-style-type: none"> To use their sense of hearing to explore a woodland habitat. 	<p>Listening Activity Children sit and listen for plant and animal sounds.</p>
<ul style="list-style-type: none"> To explore trees using their senses. 	<p>Meet a Tree In pairs, children help each other to explore trees using their senses.</p>
<ul style="list-style-type: none"> Learn/reinforce what plants need to grow. 	<p>Plant survival game.</p>
<ul style="list-style-type: none"> To practise using their sense of sight and smell to explore a woodland habitat. 	<p>Colour palettes or Smelly Shakes (if time and weather dependent)</p>

Complementary programme

Why not have a led day by adding on a second shorter programme (lasting around 1 hour) to complement the Super Senses programme? Complementary programmes – **Natural Art or Minibeast Hunting.**

Self-guided trails

To complement this half-day programme, we recommend the Forestry Commission's [Woodland Play Booklets](#) and the [Sensory Explorers backpack](#).

National Curriculum links

Plants

- Year 1 – identify and name a variety of common wild plants, including deciduous and evergreen trees
- Year 1 – identify and describe the basic structure of common flowering plants, including trees.
- Year 2 – describe how seeds grow into mature plants.
- Year 2 – describe how plants need water, light, soil and air to grow and stay healthy.

Seasonal changes

- Year 1 – observe changes across the four seasons

Living things and their habitats (Year 2)

- Identify that most living things live in habitats to which they are suited and describe how different habitats provide for the basic needs of different kinds of animals and plants.
- Identify and name a variety of plants and animals in their habitats